

Broken Arrow Parks and Rec Informer

Fall 2015



Important Dates

Tennis in the Park

September 5th

Farmers Market Ends

September 26th

Fall Fun Fair

October 3rd

Turkey Shoot

Free-Throw Contest

November 21st

Office Closing Dates

Labor Day

September 7th

Veteran's Day

November 11th

Thanksgiving

November 26th-27th

Get your Parks ID Today!



MEMBERSHIP IS FREE

Available and usable
at either Central Park
or Nienhuis Park
Community Center.

A Parks ID is required to use either facility and for enrollment.

Ages 10-17 require a parent or guardian signature at time of registration.

Ages 18 and up are required to show a photo ID.

 **TENNIS IN THE PARK**
Sept. 5th
10am-12pm
Free
Central Park Community Center



Every Saturday from
8am-12pm

418 S. Main St.

Ends September 26th





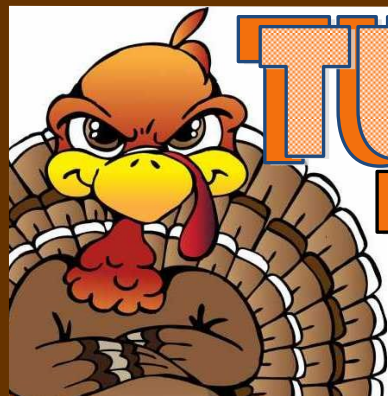
FALL FUN FAIR

October 3rd 2015

3:00pm-6:00pm



Central Park Community Center
Wear your costumes and enjoy free
carnival style games!



TURKEY SHOOT Free Throw Contest November 21st

Registration deadline November 20th.

Central Park Community Center

\$5 per person

Writing Workshops

At Nienhuis Park Community Center

Edit Your Fiction Story: September 12th 1:30pm-4:30pm \$35

Writers will learn fun, easy editing tricks to expose the real story behind the words.

Bring a sincere desire to learn.

A Novel in 30 Days: October 24th 10:00am-12:00pm \$20

Preparing for the NaNoWriMo Challenge. Ideas to help the writer compile a 50,000 word novel in 30 days.



MARTIAL ARTS



Nienhuis Park Community Center
Starting October 1st \$50 per month

Ages 7-12 Tuesdays 5:00pm-6:00pm Teen/Adult Tuesdays 6:00pm-7:00pm

Open Class for all enrollees Thursdays 6:00pm-7:00pm

CHILD/BABYSITTING SAFETY

November 7th 10am-1pm

\$45 per student Ages: 11-15



Students will learn water hazards, how to feed an infant, hand washing, choking, some basic First Aid and CPR. Students will also learn how to start a babysitting business.

Basic CPR and First Aid

Pre-registration is required. \$45 fee is due at the time of enrollment.

This class covers Adults, Children and Infant CPR, and Basic First Aid. EMS Safety Services curriculum, which uses the current American Heart Association guidelines, is used in class.

This class is not for Healthcare Professionals.

Class times and dates may vary.



\$5 Per Class or \$30 for Zumba Pass (8 classes)

Monday & Wednesday

6pm-7pm

Nienhuis Park

Community Center

Tuesday & Thursday

6pm-7pm

Central Park

Community Center

Get Fit BA

Nienhuis Park Community Center

Tuesday & Thursday 7:30pm-8:30pm

Starting November 23rd classes will be Monday and Wednesday

This Free class is a Cardio Boot camp that is done at each participants own pace.

Jumping jacks, high knees, burpees, fast feet, jogging, push-ups, sit ups, squats, lunges, etc.

The exercises will work your lower and upper body as well as your core.

FREE

HOME SCHOOL P.E.

Central Park Community Center

Ages: 6-10 & 11-16

\$30 per student per semester

Tuesday & Thursday 1:00pm-3:00pm

Fall Classes begin September 15

Register early before classes fill up!



\$50 per student

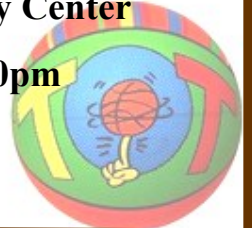
Classes begin at

Central Park Community Center

Thursday: 10:15am-11:00am

Nienhuis Park Community Center

Monday: 1:15pm-2:00pm



Art Class

\$10 per student per class at Central Park Community Center

Students will be introduced to various art materials and how to use them. Materials include pencils, charcoal, pen and ink, pastels, paint, how to mix colors, shading, perspective composition and so much more!

Class dates: September 14th - October 8th

October 12th - November 5th

Ages 3-5: Thursday 2:00-2:30 & 3:00-3:30

Ages 5-10: Monday 1:00-2:00 & 2:30-3:15

Ages 18+: Wednesday 2:00-3:00

Want to teach your own class?

Do you have a passion for an activity and want to teach others?

Contact any Center Supervisor to find out how you can start earning money doing what you love today!

CONTACT US

Central Park Community Center

1500 S. Main St.

Phone: (918)259-8437

Operational Hours

Monday-Friday: 7am-9pm

Saturday: 9am-1pm

Sunday: Closed

Facebook: @Centralparkcommunitycenter

Nienhuis Park Community Center

3201 N. 9th St.

Phone: (918)259-6550

Operational Hours

Monday-Friday: 1pm-9pm

Saturday: 1pm-5pm

Sunday: Closed

Facebook: @Nienhuispark

Ray Harral Nature Center

7101 S. 3rd St.

Phone: (918)615-6099

Operational Hours

Tuesday-Friday: 10am-6pm

Facebook: @RayHarralNatureCenter

**To keep updated on new events, classes, and pools like on our main page
@BAParksandRec**

For information on room and shelter reservations or open gym hours
please contact the community centers.

****Classes are subject to change without notice.**

Be sure to like us on Facebook and Instagram

Or visit our website www.brokenarrowok.gov



CITY OF
BROKEN ARROW

Where opportunity lives

Parks and Recreation Department